

Resource List

Books

Asthma:

- The Complete Guide to Self-Management of Asthma and Allergies for Patients and Their Families by Allen M. Weinstein, M.D. Available in bookstores; Fawcett Crest; paperback, 1992
- A Parent's Guide to Asthma by Nancy Sander.
Available in bookstores or by mail-order from publisher (1-800-344-5864); Pedipress, Inc. amazon.com, 1994
- One Minute Asthma by Thomas F. Plaut, M.D.
Available in bookstores or by mail-order from publisher (1-800-344-5864); Pedipress, Inc., amazon.com 2005
- Children with Asthma: A Manual for Parents. By Thomas F. Plaut, M.D. Pedipress, Inc. Available in bookstores, through the publisher (1-800-611-6081) or www.amazon.com, 1998
- Asthma Basics for Children: Parent's Handbook in Spanish, available from Asthma Allergy Foundation of America. For info see "Organizations"

Children's Books – School Ages K – 3rd Grade

- So You have Asthma Too. By Nancy Sander. Available through www.amazon.com., 1994
- The Lion Who Had Asthma. By Jonathan London and Nadine Bernard Westcott. The Albert Whitman Co., Morton Grove, Ill. Available in bookstores, through the publisher or at www.amazon.com., 1997

Children's Books – School Ages 4th – 8th grade

- Taking Asthma to Camp. By Kim Gosselin. JayJo Books. Available in bookstores, through the publisher or www.amazon.com. (JayJo Books, P.O. Box 213, Valley Park, MO 63088-0213, 1-800-801-0159). A portion of the proceeds goes to children's asthma research). 1995
- Taking Asthma to School. By Kim Gosselin. JayJo Books. Available in bookstores, through the publisher or www.amazon.com. (JayJo Books, P.O. Box 213, Valley Park, MO 63088-0213, 1800-801-0159). A portion of the proceeds goes to children's asthma research). 1998
- Taking Food Allergies to School. By Ellen Weiner. JayJo Books. Available in bookstores, through the publisher or www.amazon.com. (JayJo Books, P.O. Box 213, Valley Park, MO 63088-0213, 1-800-801-0159. A portion of the proceeds goes to children's asthma research). 1999

Nasal/Sinus:

- Sneezing Your Head Off by Peter B. Boggs, M.D.
Available in bookstores; Simon and Schuster amazon.com 1994

Food Allergies:

*Refer to “Food Allergy Books, Cookbooks and Recipes” Resource List

Video Cassettes

Asthma:

- Baby Breaths
Available through Allergy and Asthma Network/Mothers of Asthmatics (1-800-878-4403). 2002

Organizations

- **Colorado Allergy and Asthma Centers, P.C.** www.coloradoallergy.com
- **American Academy of Allergy, Asthma, and Immunology**
555 East Wells St., Suite 1100 Milwaukee, WI 53382 312-822-2762, 1-414-272-6071; info@aaaai.org
www.aaaai.org;
Asthma/allergy educational pamphlets available.
- **American College of Allergy, Asthma, and Immunology**
85 West Algonquin, Suite 550 Arlington Heights, IL 60005 1-800-842-7777, www.acaai.org
Provides educational materials and sponsors regional asthma educational programs
- **American Lung Association of Denver**
5600 Greenwood Plaza Blvd., Greenwood Village, CO 80111
303- 388-4237, 1-800-Lung-USA www.lungcolorado.org
Provides asthma educational services.
- **Asthma and Allergy Foundation of America**
1233 20th Street NW, Suite 402 Washington, DC 20036
1-800-727-8462, 1-800-7-ASTHMA www.aafa.org
Nationwide chapters offer support groups, school programs, workshops and conferences.
- **Centers for Disease Control and Prevention (CDC)**
1600 Clifton Rd., Atlanta, GA 30333
1-800-311-3435, <http://www.cdc.gov>
Provides information about the frequency of many clinical disorders and facts about asthma.
- **Colorado Asthma Coalition**
<http://www.asthmacolorado.org>
A consortium of healthcare professionals and community members committed to working together as a major force in solving the public health crisis caused by asthma.
- **Ener-G Foods, Inc.**
5960 First Avenue South, P.O. Box 84487, Seattle, WA 98124-5787
1-800-331-5222 www.ener-g.com
Provides a catalog and food products wheat-free, egg-free, milk-free, soy-free and corn-free.
- **The Food Allergy & Anaphylaxis Network**
11781 Lee Jackson Hwy., Suite 160 Fairfax, VA 22033-3309
1-800-929-4040, www.foodallergy.org

- **Immune Deficiency Foundation**
40 W. Chesapeake Avenue, Suite 308, Towson, MD 21204
1-800-296-4433, www.primaryimmune.org
- **Allergy and Asthma Network/Mothers of Asthmatics**
2751 Prosperity Ave., Suite 150, Fairfax, VA 22031
1-800-878-4403, www.aanma.org
Offers a monthly newsletter by subscription (“The MA Report”).
- **MedicAlert**
2323 Colorado Ave. Turlock, CA 95382
1-888-633-4298 <http://www.medicalert.org>
Provides emergency medical jewelry, information alerts
- **National Eczema Association (NEA)**
4460 Redwood Hwy, Suite 16-D, San Rafael, CA 94903-1953
1-800-818-7546 www.nationaleczema.org

Support Groups

- Parents of Asthmatic and Allergic Children (PA/AC) Dr. John James, Director
749 S. Lemay Ave., Suite A3-109, Ft. Collins, CO 80524 (970) 495-8153
- Inspiring Children with Allergies Network (ICAN) (970) 226-6181
Support groups in Ft. Collins, CO. Meetings run January – May.