

COLORADO ALLERGY
AND ASTHMA CENTERS, P.C.

MEDICATION ALERT

For skin testing, **hold** any of the following medications or any other over-the-counter or prescription medication, containing an antihistamine, **for at least 7 days:**

Allegra (Fexofenadine)	Dimetapp
Alavert (Loratadine)	Doxepin
Actifed	Duravent-DA
Astelin	Patanase
Astepro	Periactin
Atarax (Hydroxyzine)	(Cyproheptadine)
Benadryl (Diphenhydramine)	Rondec
Chlor-Trimeton (Chlorpheniramine)	Sudafed Cold Tavist
Clarinex	Tylenol PM
Claritin (Loratadine)	Xyzal
Dallergy	Zyrtec (Cetirizine)
Dimetane	

Any "PM" or "Cold" Medication

Eye drops: May contain Antihistamine:

Optivar, Zaditor, Elestat, Patanol, Pataday, Opcon-A, Naphcon-A or OTC Brands

*Antidepressants: Elavil (Amitriptyline), Imipramine, Norpramin (Desipramine), Pamelor (Nortriptyline), Surmontil (Trimipramine), Vivactil (Protriptyline)

*Cogentin: For Parkinson's Disease, antihistamine properties

***Call prescribing doctor for instructions on holding these medications.**

On day of testing hold the following: Axid
(Nizatidine)
Pepcid (Famotidine)
Tagamet (Cimetidine)
Zantac (Ranitidine)

Some tranquilizers, cough medications, and sleeping aids may contain an **antihistamine**. If you have questions about the content of any medications, please call your doctor, pharmacist or us.

Medication you have been prescribed for other chronic medical conditions, such as heart problems, or inhaled medications for your chest or nose should not be stopped.